



**Channel Swimming Association Ltd.**  
**Newsletter 13**  
**December 2008**

## **Celebrating over 80 years of serving Channel Swimmers**

Dear Member,

### **Welcome to our December 2008 Newsletter.**

As I start this Newsletter the swimming season for 2008 is finished and very successful it was. The CSA Annual Dinner is over and that was also a wonderful evening during which we celebrated the great successes of the year. 2008 will go down as the year when the neap tides of August and September were almost a complete wash out and the best weather, such as it was, was in June, July and October.

For those of you currently thinking about next year and wondering what the temperature is in the Channel at the moment, it is 56°F. And the wind speed...26kts from the SSE.

### **Congratulations:**

Congratulations go to all those who had a go this year, but especially to our successful swimmers and relay teams;

<b>Solo Swims</b>				<b>Hrs</b>	<b>Mins</b>
773	Chris	Sheppard	Britain	9	53
774	Kaise	Stephan	Australia	12	34
775	Karah	Nazor	USA	12	28
776	Vicki	Thompson	Britain	15	10
777	Mallory	Mead	USA	10	34
778	Sophie	Wright	Britain	17	35
779	Mark	Ransom	Britain	12	23
780	Steve	Wilson	Australia	12	55
781	Benedikt	Hjartarson	Iceland	16	01
782	Rendy Lynn	Opdycke	USA	10	54
783	Nuala	Muir-Cochrane	Eire	12	55
784	Peter	May	Britain	13	56
785	Clara	Bennett	USA	11	12
786	Brent	Hobbs	Canada	10	44
787	Miguel	Arrobas	Portugal	9	30
788	Mark	Westaway	Britain	12	51
789	Nuno	Vicente	Portugal	11	36
790	Deborah	Cashin*	USA	12	08
791	Chris	Green	South Africa	14	07

792	Kikuko	Ikuyama	Japan	13	40
793	Paul	Forsey	Britain	16	08
794	Tim	Jenner	Britain	12	33
795	Tobey-Anne	Saracino	USA	13	33
796	Phil	Garn	USA	12	42
797	Arnaud	Chassery	France	16	38
798	Tuomas	Kaario	Finland	12	35
799	Matthew	O'Rourke	Britain	14	18
800	Kelvin	Webster	USA	12	31
801	Paul	Higgins-Drysdale	Britain	12	53
*	Non Standard	Swim Costume			
<b>Relays</b>					
<b>6 Person</b>					
316	Cambridge University 2008		International	10	20
317	Channel Wanderer's of Bolton		Britain	12	07
<b>5 Person</b>					
11	Night Train		(USA)	12	05
12	Southfields Crawlers		International	15	31
<b>4 Person</b>					
17	Alderhey Channel Swimming Team		Britain	15	41
18	Nottingham Leander Channel Team		Britain	12	23
19	Addies Aquaphobes		International	12	15
<b>3 Person</b>					
7	The Pride of Rajasthan		India	16	19
<b>2 Person</b>					
6	Scottish Lassies Duo		Scotland	11	00

**Congratulations also to the 2008 CSA trophy winners:**

	Trophy	Achievement	Winner
a	C.S.A. Gold Medal	Fastest Swim of the Year	Miguel Arrobas 9.30
b	C.S.A. Centenary Trophy	Fastest Swim by a British Person	Christopher Sheppard 9.53
c	The Sotiraki Trophy	Fastest Swim by a Lady	Mallory Mead 10.34
d	King of the Channel Trophy	Most Successful Swims by a man	Michael Read 33 swims
e	The Van Audenaerde Trophy	Greatest Feat of Endurance	Sophie Wright 17.35
f	The Van Audenaerde Special Award	Special Award to a Disabled Swimmer	Olivier Desmet
g	John Unicum Wood Cup	Fastest Swim by a man	Miguel Arrobas 9.30
h	The O'Clee Jubilee Trophy	Oldest Successful Swimmer	Benedikt Hjartarson 51
i	Ray and Audrey Scott Trophy	Most Successful Swims by a woman	Alison Streeter 39 swims
j	The Captain Webb Plate	Fastest 3-way Solo	Philip Rush
k	The Graeme Thompson Trophy	Youngest Successful Swimmer	Clara Bennett 19 11.12
l	The Sunny Lowry Trophy	Fastest British Lady	Vicki Thompson 15.10
m	Observer of the Year Shield	Best Observer	Steve Franks
n	The Oldman Memorial Trophy	Best B.L.D.S.A. Swimmer	Mark Westaway 12.51

	Trophy	Achievement	Winner
o	The Rosemary George Trophy	Most Meritorious Swim of the Year	Gethin Jones 15.20
p	Mrs Garnet Martin Trophy	Fastest Relay	Cambridge University 10.20
pm	The Ray Scott Trophy	Fastest Mixed Relay	Cambridge University 10.20
q	The Lada Cross-Channel Trophy	Fastest Junior Relay	No Award 2008
r	The John and Gwen Jacques Shield	Fastest Ladies Relay	No Award 2008
s	The Stan Maycock Shield	Fastest Mens Relay	No Award 2008
t	The John Bullett Trophy	Youngest Relay Team	Cambridge University 10.20
u	The Robert Lyle Memorial Trophy	Fastest American Swimmer	Mallory Mead 10.34
v	Miss Montserrat Tresserras Trophy	Swimmer from a New Country	B.Hjartarson
w	Teresa Zarzeczanska Trophy	Fastest Ladies 2 way Relay	No Award 2008
x	The Audrey Scott Award	Greatest Contribution to the CSA	Dan Earthquake
y	H.B.C.R.T. Award for Breaststroke	The Fastest Breaststroke Swimmer	No Award 2008
z	Pierre Van Vooren Memorial Trophy	Best Swimmer in Arduous Conditions	Mark Ransom 12.23
aa	The Julie Bradshaw Trophy	Best Butterfly swim	No Award 2008
bb	The Julie Bradshaw Award	Greatest Feat of Endurance Ladies Relay	No Award 2008
cc	The Gertrude Ederle Trophy	World Record 2 way swim	No Award 2008
dd	The Montserrat Tresserras Shield	Fastest Mens Relay Not 6 swimmers	Night Train 12.05
ee	The Ray Cossum Shield	Fastest Mixed Relay Not 6 swimmers	Southfields Crawlers 15.31
ff	The Bill Pickering Shield	Fastest Ladies Relay Not 6 swimmers	Scottish Lassies Duo 11.00
gg	The Mark Rickhuss Memorial Trophy	The Fastest Solo 2 Way Swim of the Year	No Award 2008
Hh	Special Award	Second Asian Relay Not 6 swimmers	The Pride of Rajasthan 16.19
ii	Belhedi Trophy	Swim on the highest tide	Kelvin Webster 6.53metres

## Dover Regatta: Saturday and Sunday 2<sup>nd</sup> and 3<sup>rd</sup> August

Unfortunately the weather was disappointing for the occasion but we again had a stall close to the swim beach and were pleased to welcome a large number of swimmers and visitors from across the world. Our thanks to all those, who helped to set up and man the stall over the weekend.



## Reports and Write Ups:

I would again like to thank everyone who contributes to the newsletter. Without your news and reports it would be very dull indeed! So if you do anything that you think would be of interest to members please let me know by emailing me at [read.mp@bopenworld.com](mailto:read.mp@bopenworld.com).

## **Definition of a swimming costume:**

**Channel Swimming Association rules are fairly straight forward and yet we had an incident this year that went unchecked. We appreciate that other organisations now recognise the new swim suits/body suits, however, swimmers are reminded that under CSA rules the definition of a swimming costume is:**

**A 'Standard Swim Costume' (for both sexes) shall be of a material not offering Thermal Protection or Buoyancy and shall be Sleeveless and Legless:**

**"Sleeveless" shall mean the Costume must not extend beyond the end of the shoulder onto the Upper Arm;**

**“Legless” shall mean that the costume may not extend on to the Upper Leg below the level of the crotch.**

**For further clarification we will be illustrating what is permissible on the web site in the near future, but if in any doubt please consult the Secretary.**

## **News of our members:**

### **Congratulations to former CSA Vice President Kevin Murphy:**

The International Swimming Hall of Fame proudly announces the Honoree Induction Class of 2009, consisting of nine of the greatest names in aquatic history.

"This is clearly one of our most diverse and international classes in a long time," said Bob Duenkel, ISHOF's staff liaison to the international selection committee of over 150 aquatic authorities from around the world.

The class of inductees includes two honorees from the Netherlands, Russia, and the USA, and one from the nations of Italy, Japan and Great Britain. The class of 2009 inductees includes: INGE DE BRUIJN (NED) Honor Swimmer, ALEKSANDR POPOV (RUS) Honor Swimmer, JENNY THOMPSON (USA) Honor Swimmer, OLGA BRUSNIKINA (RUS) Honor Synchronized Swimmer, GIANNI LONZI (ITA) Honor Water Polo Player/Coach, KEVIN MURPHY (GBR) Honor Open water swimmer, IKKAKU MATSUZAWA (JPN) Honor Coach, JUDY McGOWAN (USA) Honor Contributor, and IET VAN FEGGELEN (NED) Honor Pioneer Swimmer.

### **50th Anniversary**

The Channel Swimming Association Ltd had pleasure in celebrating the Golden Jubilee of 2 great Channel swimmers in 2008.

The 10th August marked the 50th Anniversary of the first swim by Brazilian Abilio Couto and the 27th August, the first swim by Montserrat Tresserras of Spain. Montserrat went on to swim in both directions.

We were delighted to celebrate Montserrat's anniversary with a small party during the afternoon of the 27th at the Churchill Hotel, Dover to which some 30 swimmers attended.

### **Channel Swimming Association Dinner 2008:**

140 guests joined the President and the Mayor of Dover at the splendid surroundings of the Town Hall on the 1<sup>st</sup> November. We were delighted that members was across the world had made the

effort to celebrate their successes with us. Our thanks go to Chairman Joan Metcalfe and Keith Jefferies for laying the foundations for a wonderful evening and to all those who helped.

Amongst the many members was Nejb Belhedi and a delegation from Tunisia and also the Tunisian Embassy. Nejb presented the Association with a new trophy to celebrate the swim on the highest tide of the year. Because of lack of time and the fact that he had to return to Tunisia, Nejb had had to make his successful attempt on a 6.9 m tide.



Miguel Arrobas receives the CSA Gold Medal Kent



Stanley Paris with Stacey "Queen of the Court of Kent"



A view of the Hall. Reg Brickell receives the Montserrat Shield on behalf of Cambridge University



Nejb Belhedi presents his new trophy to the CSA. The Scottish Lassies Duo receive the Bill Pickering Shield.

## **Former “King of the Channel®” Merv Sharp writes to tell us that:**

Our daughter Jenny got married to Christopher Dawson on Sat 27th Sept 2008 at All Saints Church, Wyke Regis, Weymouth at 1.00pm. The reception was held at The Riviera Hotel at Bowleaze Cove, Weymouth, where they had fantastic views across Weymouth Bay. The weekend was fantastic .....the weather was very hot and sunny and probably one of the best weekends we have had this year.

Jenny looked so GORGEOUS and I felt such a VERY PROUD DAD. She had four Bridesmaids and her sister Linda was Chief Bridesmaid.

Jenny met Chris in 2005 whilst she was back packing on her own around Australia. They met in Sydney..... and although Chris originally comes from Harrow, his family home was in Dorchester about 8miles up the road from Weymouth.....small world!!

They left for their honeymoon on Mon 29th Sept 2008 in Sri Lanka.

We are so pleased for them both ..... Rose and I are VERY PROUD PARENTS to a WONDERFUL DAUGHTER. Best wishes to Jenny and Christopher from everyone at the CSA.

## **News from Gemma Jensen:**

Gemma tells us that she is now working in Melbourne for Ascott International, a Singapore based company, which deal with hotels (Somerset, Citadines, Ascott). I look after reservations in Australia full time and I love it. I only get to go swimming at the weekends now because I leave for work at 6am and don't get home until after 7pm. I live in Geelong and work in Melbourne. So it's pretty good here and I am glad I made the move.

She asks if anyone knows of any open water squads in Victoria, Australia.

## **News from Rendy Lynn Opdycke:**

On Saturday, Aug. 9, 2008, Rendy Lynn Opdycke swam the Catalina Channel, from Catalina to the California mainland, in 8 hours 28 minutes. This was the 3rd fastest time directional time for a woman and the 6th fastest time overall, out of the 145 people who have swum the channel solo since 1927.

The “Triple Crown” of Marathon swimming consists of the 28.5 mile Manhattan Island Marathon, the 21 mile English Channel and the 21 mile Catalina Channel. Approximately 25 people have completed the “Triple”. With this swim Rendy Lynn became only the second swimmer to complete the “Triple Crown” in less than a year.

Rendy Lynn completed all three swims in only 34 days, the shortest calendar time ever for completing the three. She did Manhattan on July 5, England on July 27 and Catalina in August 9.

Her total swimming time for completing the three is also the fastest ever, at 26 hours, 50 minutes. For 3 to 4 hours of her English Channel crossing, she had to fight currents and wind chop caused by Force 4 winds. Force 4 is characterized by wind speeds to 18 miles/hour, wave heights to 5 feet and numerous white caps. As conditions in the English Channel are not very predictable, that's the “luck of the draw”

Rendy Lynn also swam one of the longer distances across the Santa Barbara Channel (26 miles) in 2007, making her the first person to complete “The Quad” of marathon swimming, which is the “Triple Crown” plus the Santa Barbara Channel. She is the First Female to cross the Santa

Barbara Channel with a time of 10:51 and the swim is a 2007 International Marathon Swimming Hall of Fame Swim.

Rendy Lynn has completed the Manhattan Island Marathon 4 times. She was the overall winner in 2006, 2nd in both 2004 and 2007, and 4th in 2008. Not content with swimming she also ran the Los Angeles Marathon on March 2, 2008, in 5:03:21. This was her first running marathon.

Academically, concurrently with training, she finished her Master's degree at the University of Southern California, graduating on May 16 with a Master's degree in Post Secondary Administration and Student Affairs with an Athletic Emphasis. Rendy Lynn graduated from the University of San Diego in 2006 with a Bachelor of Arts in Communications with a Media Emphasis, and a double Minor in Leadership and American Humanics.

She is a member of the La Jolla Cove Swim Club ([www.lajollacoveswimclub.org](http://www.lajollacoveswimclub.org)) which promotes ocean swimming. Fellow Club members recognized her ability, her motivation, and her tremendous accomplishments. Swim Club members support "their own" in their aquatic adventures.

It takes a group of people to support a Channel swim. There is a "mother ship", which is an escort boat. This boat provides transportation for the crew during the swim. It also provides navigation and communication with large vessels, which are common in most channels. This is especially true in the English Channel, which is the busiest shipping channel in the world.

Most swims require kayak support for safety and to provide the swimmer with food. The English Channel is too rough for kayaks so the swimmer must be fed from the "mother ship". Observers are required for all swims.

Channel swimming is expensive. An attempt to swim the English Channel costs around \$10,000 and must be arranged 6-12 months in advance. Expenses include a boat and crew, application fees, hotel accommodation and airline tickets.

Another La Jolla Cove Swim Club member, David Clark, travelled to England at his own expense to oversee her English Channel swim, and also assisted in her Catalina Channel swim. David swam the English Channel in 1988 and since then has supported numerous swimmers in their Channel swims. Paula Selby also assisted in Rendy Lynn's Catalina swim and like David, has assisted many other swimmers in Channel swims.

Since her father passed away in 2006, Rendy Lynn has had no source of funding to continue marathon swimming. Funding and all the planning and arrangements for her "single-summer triple crown" were provided by a fellow ocean swimmer who wanted to provide her with a personal challenge and an opportunity to fulfil her aquatic dreams.

### **News from Jen Alexander:**

She wrote a few months ago to let us know that she was expecting to start her second attempt at a "three provinces" swim. I think we're going Nova Scotia>New Brunswick>Prince Edward Island, and might start around 2AM. Her first attempt ended after 18 hours 34 minutes for safety reasons, see <http://marathonswimmer.livejournal.com>

And for a change from the normal jellyfish and the not so normal jellyfish and seaweed this swim introduces us to a new hazard, a minefield of lobster trap buoys to avoid. Anyone looking for a new challenge, click on to the site below.

<http://marathonswimmer.livejournal.com>

<http://www.chartmyworld.com/swim> (Real-time GPS tracking)

### **Member's Fund raising efforts:**

Please take this opportunity to drop us an email and advise us of your fund raising efforts to date, how much you have raised and for which good causes.

### **A request from swimmer Ann McGrath:**

Hallo, my name is Ann McGrath. I am 47 years old and live in Christchurch, Dorset. I am interested to join a team of swimmers for a Channel swim. I am not a member of any swimming club, but do train regularly and although not a fast swimmer am very comfortable swimming for long distances. I have a little sea experience, swimming around Brownsea Island (4.6miles) for the last five years - never up front but always completed it! I have swum in the local pool, the longest time was seven hours continuously. Thank you for your help. Mobile 07881 625638

### **Andy Stokes wrote asking for our support for his "Aspire" challenge swim:**

My name is Andy stokes and I am attempting to do the equivalent of a Channel swim, on the 15th September in my local baths (Tipton Swimming Centre) in one session, i.e. a virtual distance channel swim, the question is:

Would you be prepared to help me promote the event?

My web page is [www.justgiving.com/andystokes1](http://www.justgiving.com/andystokes1)

The charity is [www.aspire.org](http://www.aspire.org)

### **Kath Cooley wrote from Dyscarr School re Cameron Hopkinson**

I work at Dyscarr Community School, Langold, Worksop, and a Year 4 pupil, Cameron Hopkinson who is 10 years old, is attempting to complete a personal challenge of swimming the equivalent of the English Channel, 22 miles (1048 lengths). He is hoping to complete the challenge in one week between the 24th and 30th May.

As well as raising money for his school and his swimming club through sponsorship, it will also count towards his Chief Scout Silver Award.

If you feel you could give any support in any way it would be greatly appreciated, a simple reply to this email would be fine. A few words of encouragement from can go a long way!

Thank you for taking the time to read this, we look forward to hearing from you.

Well, we did indeed write to Cameron to give him encouragement and were delighted to hear that he successfully completed the swim and additionally won the award for Fundraiser of the Year in the ASA National /Kelloggs awards.

### **Check out our new web site.**

If you have not done so already, takes a few minutes out to look at the new CSA web site and if you would like to contribute an article or pictures, please do not hesitate to submit your material.

### **News from Ray Peden:**

We were delighted to catch up with Ray Peden who is now enjoying retirement and training his own Channel swimmer. "I swam the Channel in 1986 and was employed as a Delaware State Trooper at that time. I just retired 2 weeks ago with a total of 28 years of service (retired at the rank of sergeant). I have been married for the past 23 years to Rainy and we have a daughter

(Dayna) who presently swims for the University of Tampa. I still enjoy open water swimming and have entered the 2009 Great Chesapeake Bay Bridge Swim scheduled for June 24th, 2009. Had a beer with Michael Phelps last March (see attached photo, I'm the one on the right side of the picture, the other gentleman is Bob Mattson a legendary swim coach in Delaware) after he spoke at my alma mater, Salesianum High School”.



### **News from John Wrapson, Royal Tunbridge Wells Monson S.C.:**

We had a great time at the CSA Dinner last night, thank you.

On September 4, 1968 a team of 6 swimmers from Royal Tunbridge Wells Monson S.C. who were all born in 1956, started their Relay swim from Shakespeare Cliff at 10.52 and completed it at Cap Gris Nez at 23.37. This was achieved in some really bad weather and the boys became the first Age Group and Youngest Team to swim the Channel. Reunions have been held by the swimmers, families and Club Officials after 10, 25 and on September 6, 2008, 40 years. Their record still stands and they all came from Tunbridge Wells - no imports! The average age was 12 years 4 months 6 days and July 1956 the latest birthday meant the swim had to be done after July in 1968.

All the Squad of 8 who trained for this event are thankfully still fit and healthy. Those in the Association will know that hard work and discipline is required in this sport and it does no one any harm! On the contrary, all the Squad are now very successful in their adult business lives and kindly attribute that to the training they did in their boyhood days.

The Swimming Club celebrated it's Centenary in 2001 and it was fitting that the reunion was held in Bexhill Rowing Club because the Rowing Club started even earlier in 1893. Four of the rowers are planning to race in a rowing event that is at least on a par with a Channel Swim - racing across the Indian Ocean from Perth, Australia to Mauritius! Does anyone fancy a swim with them in shark-infested waters?

John says he will try to get a DVD of the swim for the website although 8 mm film with tape recorded commentary, converted to CD then on to DVD with music (meant to be background) is quite a long way from the high tech of today!

If we can get it on the web site, we certainly will.

### **John Wrapson asks if you would help the RNLI:**

#### **RNLI and new Ofcom charges**

**The background:** (From the Telegraph.)

LIFEBOAT crews fear being scuppered by crippling new charges for using their radios from Ofcom, the communications regulator. The RNLI could see the price of using its VHF emergency frequencies rise to £250,000 under plans to charge the full commercial rate.

The charity, which saves hundreds of lives every year currently pays an annual £48,000 at a discounted rate of 50 per cent. It relies on donations and fears the move will have a disastrous impact on fundraising. Peter Bradley, RNLI operations staff officer, said: 'It's a lot of money when you think in terms of lifeboat days and little old ladies collecting pound coins.'

'We could buy several inshore lifeboats for the same amount.'

'The Government rely on us to provide this search-and-rescue service, at a cost of £124 million a year, but they want to charge us for doing it!'

Ofcom has set out plans to bring 'market forces' into maritime and civil aviation communications in a policy it calls Administered Incentive Pricing.

£250,000 represents an awful lot of charity collections, even more so in the current economic climate so, if you feel strongly enough about this, please sign the petition below.

**<http://petitions.number10.gov.uk/RNLI-RF-licences/>**

*Please forward to anyone you think might help by signing the petition.*

#### **A request from Andrew Roberts:**

I was just looking at the Channel Swimming Association website and was wondering if you might be able to help me. I have become interested in open water swimming recently and have done a few swims in the Lake District and an unofficial Channel Relay in 2006. I would however really like to be part of an official relay team at some point. Unfortunately, I am having some trouble finding some team mates to swim with me. I was wondering if you knew of any teams that have registered or are planning to register to swim in either 2009 or 2010 that have less than the six swimmers at the moment and that might like to have an extra swimmer. If you do, would you be able to either give me their details, or pass on my details to them? If you could help me at all with this I would be most grateful. Many thanks and hopefully I will hear from you soon.  
Andrewroberts1@googlemail.com

#### **News cuttings and photos:**

We are always pleased to receive copies of newspaper articles and photos. Please keep us up to date with your publicity and also of any fund raising activities you have been involved in. We know that many of you have been involved in raising very considerable amounts for good causes and we would like to keep your details up to date, in case we are asked.

We ask for your news and what you are doing and we are delighted to pass the information on. Please keep the news coming in.

## **2009 Dinner and AGM:**

The 2008 Annual Dinner was a great success but everything takes time and planning and yes, we are already thinking about the 2009 Annual Dinner and AGM. The dates for your diary are the 7th and 8th November at the Dover Town Hall. Please start making your plans now. For those of you from Overseas, remember to get those cheap flights booked whilst they are still cheap, we really do appreciate your presence and it makes the dinner such a fantastic International gathering.

## **Lapel pins:**

The CSA crest is again available, as an enamelled lapel pin, which is now available, £2 inc. p&p... It is also available in pure silver or gold, but only to order. Of the 12 originally purchased in pure silver, only 1 is currently left.

## **Handbook:**

The Handbook, complete with all the swims up to the end of 2008 is available, more pages and many more pictures, in fact there is a good chance you are in it. Please contact Julie; swimsecretary@ntlworld.com the price is the same as last year, £11 and £13.50 outside the UK. It lists all the swimmers who have registered their swims with the Channel Swimming Association and successfully swum the Channel and all the relays. It is packed with useful information. If you have not already bought a copy, please do so. In this way we spread the success of the Association.

## **Membership 2009:**

Can we take this opportunity to remind you, membership for 2009, is due by the 15th January latest. Remember that as an Associate member in 2008 you are entitled to become a Full member for 2009.

Please use the membership forms on the website, [www.channelswimmingassociation.com](http://www.channelswimmingassociation.com) or below. The form has been redesigned to allow you to complete a Standing Order Mandate, should you prefer to do so.

## **We would like to keep in touch with you;**

We appreciate that this newsletter does not reach everyone, whilst others may receive two or more copies. If you get too many copies please let us know. If you know someone who has not received it and would like too, please let us know their email address and we will make sure that they are added to the list.

## **A message from the Secretary: To All Swimmers for 2009:**

Please get your swim applications to me as soon as possible but no later than the end of April.

A message especially for this years Associate members, please remember that you are entitled to full membership in 2009.

Please make sure that we have your correct email address, if we have your incorrect address, an old address or no address, you will not get the newsletter or any other correspondence.

**How to contact our Secretary:**

Dr. Julie Bradshaw MBE  
381 New Ashby Road  
Loughborough  
Leics  
LE11 4ET  
Tel/Fax: +44 (0)1509 554137  
E-mail: [Swimsecretary@ntlworld.com](mailto:Swimsecretary@ntlworld.com)

With our continued best wishes to you all for a wonderful Christmas and great success in 2009,

CSA Board, December 2008.

**Membership forms for 2009 below:**

**CHANNEL SWIMMING ASSOCIATION Ltd**

**Founded in 1927**

**President; Michael Read King of the Channel®**

Secretary: Dr Julie Bradshaw MBE,

381New Ashby Road,

Loughborough,

Leics LE11 4ET

UK

Tel/Fax: +44 (0)1509 554137

e-mail: Swimsecretary@ntlworld.com

**Application for election to**

**ANNUAL ASSOCIATE**

**MEMBERSHIP**

(For the period 1st January to 31st December 2009)

**2009**

(Please use **block letters**)

Name: ..... Nationality: .....

ADDRESS.....

POST CODE .....Telephone number: .....

By providing my e-mail address below, I agree to receive Company business either electronically or by post;

E-mail: .....

Club/Relay team name: .....

I hereby make an application for/ wish to renew my Associate Membership;

**I enclose remittance of Annual Associate Membership Subscription Fee £20.00 (Junior: £15.00)**

Signature..... Date ...../...../2009

Only one mailing of information will be sent for a club's use. Members of a club, which has Associate membership can become an individual associate members by paying the one year subscription fee. Associate membership has no voting rights.

**NOTE: You only need to be proposed and seconded by Full Members of the Association on your initial application for Associate Membership.**

1.Proposed by (Name) ..... Signature .....

2.Seconded by (Name) ..... Signature .....

I/we wish to pay by Cheque/Credit Card. Please charge my/our account card no: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ expiry date \_\_\_\_/\_\_\_\_security digits\_\_\_\_\_

Signature ..... Date ...../...../2009

For Association use only Date received. / / Membership number ....

Application approved ..... Chairman/ Sec. ....

Channel Swimming Association Ltd. Registered in England Registered No. 3868395

Registered Address: 14, Elizabeth Close, Aylesbury, Buckinghamshire HP21 9XX

**CHANNEL SWIMMING ASSOCIATION Ltd**  
**CHANNEL SWIMMING ASSOCIATION**  
**Founded in 1927**  
**President; Michael Read King of the Channel®**

**Application for election to**  
**ANNUAL FULL MEMBERSHIP**  
**(For the period 1st January to 31st December 2009)**  
**2009**

Secretary: Dr Julie Bradshaw MBE,  
381New Ashby Road,  
Loughborough,  
Leics LE11 4ET  
UK  
Tel/Fax: +44 (0)1509 554137  
E-mail: [Swimsecretary@ntlworld.com](mailto:Swimsecretary@ntlworld.com)

(Please use **block letters**)

Name: ..... Nationality: .....

ADDRESS .....

POST CODE ..... Telephone number: .....

By providing my e-mail address below, I agree to receive Company business either electronically.

E-mail: .....

Club/Relay team name / e-mail address: .....

Signature..... Date ...../...../2009

I hereby make an application for election to Full membership;

**One Year Full Membership (to expire 31st Dec 2009 and does not convey a right to renewal)**

**I enclose remittance of £23.50 subscription.**

I/we wish to pay by Cheque/Credit Card. Please charge my/our account card no:

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ expiry date \_\_\_\_/\_\_\_\_ Security digits \_\_\_\_\_

Signature ..... Date ...../...../2009

**For Association use only**      **Date received.**   /   /   .      **Membership number**  
**Application approved .....** **Chairman/ Sec. ....**

Channel Swimming Association Ltd.      Registered in England      Registered No. 3868395  
Registered Address: 14, Elizabeth Close, Aylesbury, Buckinghamshire HP21 9XX

**Standing Order;**

**Should you wish to pay your membership by standing order, please find below a standing order form to complete and to take to your bank;**

**PLEASE SET UP the following Standing order and debit my/our account accordingly;**

**Account Name ..... Account Number .....**

**Account Holding Branch .....Sort Code .....**

**Name of Organisation you are paying: *Channel Swimming Association Ltd* Sort Code; 5 2 4 1 4 2**

**Account Number of CSA Ltd: 5 0 8 2 7 4 2 1**

**Payments are to be made; *Yearly* Date of First Payment: \_\_\_\_/\_\_\_\_/\_\_\_\_**

**Please pay until further notice (*payments will be made until you cancel this instruction*)**

***Confirmation: Customer Signature (s); ..... Date:***  
.....

**For Association use only Date received. / / . Membership number**  
**Application approved .....Chairman/ Sec. ....**

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